

# Resources for Atrial Fibrillation and Stroke Prevention



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## National Heart, Lung, and Blood Institute (NHLBI)

[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

301-592-8573

The NHLBI offers information and publications about preventing and treating a variety of diseases, including those that affect the heart and circulation.

## The American Heart Association (AHA)

[www.heart.org](http://www.heart.org)

1-800-AHA-USA1

The AHA website offers information on heart disease and stroke prevention, tools to help you make heart-healthy goals and plans, and information about support groups and community programs.

## Heart Rhythm Society

[www.hrsonline.org](http://www.hrsonline.org)

202-464-3400

The Heart Rhythm Society provides information for patients and the public about heart rhythm problems including causes, prevention, tests, treatment, and patient stories. Use the website to find a heart rhythm specialist in your area.

## Heart Rhythm Foundation

[www.heartrhythmfoundation.org](http://www.heartrhythmfoundation.org)

202-464-3404

The Heart Rhythm Foundation raises awareness by providing information on preventing and treating cardiac rhythm disorders. It supports research, education, and the advocacy efforts of the Heart Rhythm Society.

## American Stroke Association

[www.strokeassociation.org](http://www.strokeassociation.org)

1-888-4-STROKE

The American Stroke Association provides information to better understand and avoid stroke, and funds scientific research on stroke. The association's Stroke Care Near You tool helps you find the nearest stroke-certified hospital.

## National Stroke Association

[www.stroke.org](http://www.stroke.org)

1-800-STROKES

The National Stroke Association provides educational information on stroke prevention, treatment, and rehabilitation for patients, caregivers, and family members.